



InWorld is an online avatar-based virtual reality platform that offers a safe, controlled meeting place for professionals to conduct therapy, coaching, research and training sessions with their clients. InWorld augments traditional face-to-face therapy techniques by allowing each person to act, observe and react inside a virtual environment, rather than just express themselves verbally. This can lead to higher engagement, deeper insights and dramatic results from all participants.

With InWorld each person uses an avatar—a digital representation of a person—to move, speak and interact. Users speak in their own voices and control their avatars with simple keyboard commands. Users can be located in the same room or far away from each other.

Professionals can use InWorld with individual patients, couples and groups for a wide variety of applications including:

- ▶ Therapy
- ▶ Role playing
- ▶ Modeling
- ▶ Training
- ▶ Education
- ▶ Simulation
- ▶ Presentations



Member-controlled avatars attending a clinical training session. Members can use InWorld to participate in these sessions from any computer that is connected to the Internet.

Benefits

InWorld provides professionals with a completely new way to interact with their patients or clients. The InWorld virtual environment..

- ▶ **Increases levels of engagement, retention, and follow-through** by involving more senses and allowing people to move and interact as well as speak.
- ▶ **Reduces resistance and stigma**, making therapy and development sessions more fun and interactive.
- ▶ **Improves access to care** via remote use and distance applications.
- ▶ **Expands potential client bases** through increased access and efficiency.
- ▶ **Increases revenue** due to fewer cancellations and no-shows.
- ▶ **Enables group sessions by** allowing a clinician, trainer, or group leader to work with multiple clients simultaneously.
- ▶ **Improves efficiency**, both clinically and operationally.

“ We saw amazing progress when using InWorld for social skills training. ”

- ▶ **Linda Karanzalis**
ADDvantages Learning Center

Company

InWorld Solutions is an innovative leader in the application of virtual environments to healthcare and behavioral medicine. The InWorld virtual environment platform incorporates a wide range of avatars, content and features specifically designed to facilitate clinical and educational applications. The company is a member of the CFG Health Network, a comprehensive medical and behavioral health care provider dedicated to transforming access to cost-effective quality behavioral health care.



Features

InWorld provides a unique virtual environment that promotes meaningful interactions in a safe environment. It offers...

- ▶ **Realistic avatars and virtual environments.**
- ▶ **Specially-designed controls and views** that allow therapists and instructors to easily lead their clients.
- ▶ **Features and content tailored to therapy and training.**
- ▶ **Privacy and security.**
- ▶ **Record and play-back capabilities**, so sessions can be saved and reviewed later.
- ▶ **Private in-ear coaching**, which allows a group leader to privately speak to one group member without the rest of the group hearing.

“ InWorld has great potential to do all the right things—improve quality of care, decrease costs, and increase access. ”

▶ **Wayne Mugrauer, President & CEO
Hospitals & Higher Education Facilities**

System Requirements

A desktop or laptop computer with:

- ▶ Windows XP, Vista Home Premium, or Windows 7
- ▶ Broadband internet connection (at least 128kbps each way)
- ▶ At least 2 GB of RAM of memory (3 GB preferred)
- ▶ Discrete graphics support or dedicated graphics card (NVIDIA GeForce 9800m, 9400GT or 9400, or better)
- ▶ Keyboard and mouse
- ▶ Stereo audio headset with microphone

Settings & Uses

InWorld is well-suited for use by clinicians, behavioral healthcare centers, residential or partial treatment facilities, learning centers, schools, and after-school programs.

The InWorld application can be used to enhance:

- ▶ Traditional face-to-face therapy (individual, group, and family)
- ▶ Cognitive behavioral therapy
- ▶ Play therapy
- ▶ Skills training
- ▶ Stress and relaxation techniques
- ▶ Clinical role-playing and simulation
- ▶ Coaching, training and supervision

A Leading-Edge Behavioral Health Tool

InWorld has been successfully used by several healthcare agencies, including the Kids in Transition Program, Castle Partial Program, CARES, and Janus of Santa Cruz. It can be for social skills training and supportive care of patients with diagnoses of:

- ▶ Attention Deficit Hyperactivity Disorder (ADHD)
- ▶ Oppositional Defiance Disorder (ODD)
- ▶ Asperger's Syndrome
- ▶ Autistic Spectrum
- ▶ Substance Abuse
- ▶ Post-Traumatic Stress Disorder
- ▶ Anger Control Issues
- ▶ Phobias

